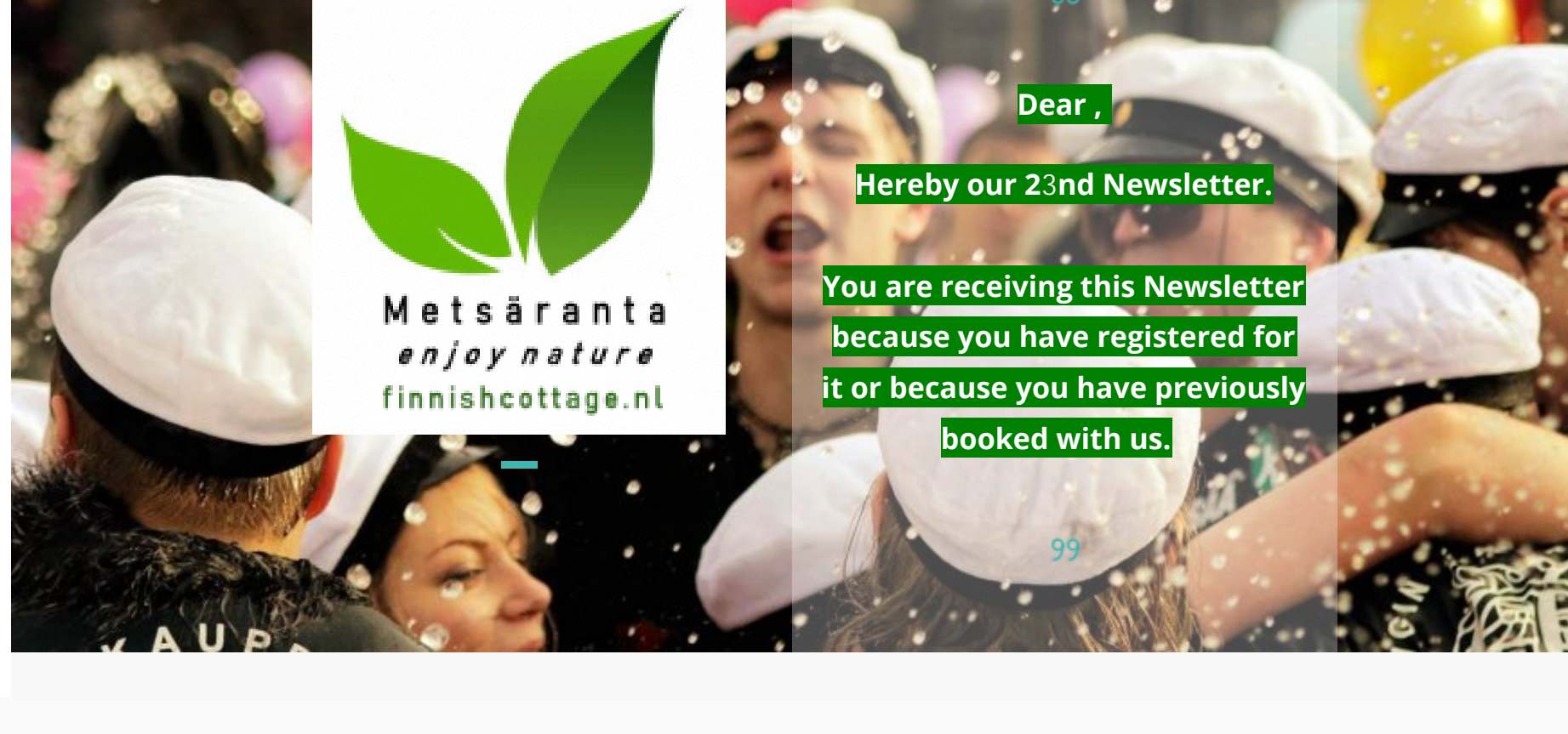




Newsletter Metsäranta

#23

1 May 2022



In this edition:

• • •

☞ Celebrating Vappu (1st of May) in Finland.

☞ - Celebrating Vappu (1st of May) in Finland - ☞

In a nutshell, here are the ingredients of a Finnish vappu:

Crazy costumes, balloons, confetti, glitter, paper streamers, noise, music and dance, processions . . . the entire city center turned into a party area.

Traditionally, the welcoming of spring happens on Saturday, vappuaatto, on April 30 and vappuna, on May 1. Both days are holidays that Finnish workers, as well as students, celebrate in a carnival fashion.

Even those who have to work on holidays usually take the advantage of dressing in a costume.

Here are some tips to blend in.

You should find out whether your local community organizes an open-air vappu party with live music and dance, vappu-breakfast or -brunch combined with vapputanssit (the dance). Several Helsinki areas have a long-standing tradition, for example, Vallila, where the free partner dance event in a park will return after a three-year hiatus in the spirit of tango!

It's recommended that you find yourself a funny hat or create one out of a newspaper, get a balloon—and take it to the street! Amazing things happen when you greet strangers with “Hyvää vappua! (Happy May Day!),” and maybe you get invited to a picnic or at least a glass of sima (a type of fruity mead).

Enjoy the exuberance of this day; cheerful Finns are taking over the streets!



The traditional highlight of the spring celebration is the capping of Havis Amanda (*Mantan Jakitus*) on April 30, at 18:00 at the central Market Square. Students (this year The Student Union of the University of Helsinki HYY) will crown the 20th-century sculpture with the student's cap. The event is a huge crowd-puller. You are advised to arrive early to catch a glimpse of all the action.

Afterward, the sunny forecast is likely to attract many to the outdoor terraces downtown.

After the sun sets, favorite venues for vappu parties include Korjaamo, Kaivohuone and Tavastia. And pretty much any other venue, bar and restaurant in Helsinki area you can think of.



Traditional vappupiknik on Sunday is another huge crowd-puller.

Every speck of green in the center will be used as a picnic spot on both days, no matter the weather. (The recent forecast includes occasional showers but temperatures around 10 degrees Celsius.).

The most popular picnic happens at Kaivopuisto, spreading all the way up to Ullanlinnankäki. Some people even bring portable grills and begin the outdoor season with grilled tofu, sausage and vegetables.

Besides the usual stuff, for many Finns a hot *hernekeitto* (pea soup) belongs to the vappu tradition.

Other traditional and typical vappu delicacies are funnel cakes (*tippaleipä*), donuts (*munkki*) and mead (*sima* or *vappusima*), or any other kind of sparkling drink, alcoholic or not.

Hyvää vappua

**) I can assure you from my own experience that it is a great party!*

source: Finland Today



Until the next newsletter

With kind regards,

Han van de Graaf

Cottage Metsäranta

Previously sent Newsletters can be found [here](#).

Follow us on [Facebook](#)

Contact

www.finnishcottage.nl

info@finnishcottage.nl

Copyright © 2022 | [Doorsturen naar een vriend](#)

[Uitschrijven](#) | [Profiel bijwerken](#)